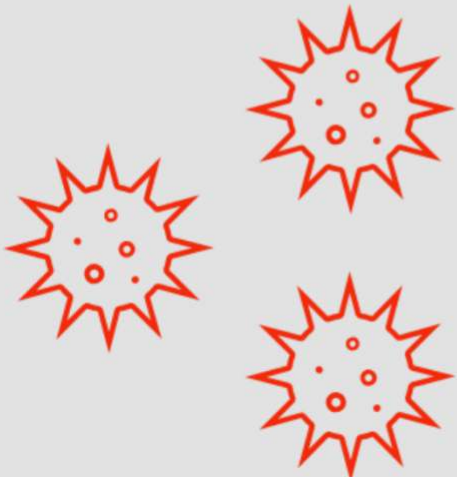




PROJECT LIFE FORCE

every drop counts

PROJECT COVID **19**



“WE ARE THE CHANGE THAT WE SEEK”

During the phase in which majority of the population were probably doing "Chai pe Charcha", there are people for whom 'Thank You' would be a miniscule word.

The hardwork, commitment, and perseverance that PLFers showed during the tough time, which started with Janata Curfew, have weaved magic.

The magic that helped someone become a mother

The magic that helped many undergo surgeries

The magic that helped many fight Cancer

The magic without which someone's dialysis would not be possible

The magic that helped many patients suffering from Thalassemia.

Hats off to the PLFers!!



For Blood/Platelets Donors



Project Life Force (PLF) will always be grateful to its Blood/Platelets donors who did not worry about themselves and saved lives during this pandemic by coming forward and donating blood/platelets. They have been godsent.

TOTAL NO. OF CAMPS ORGANISED:

- Land Camps: 3
- Bus Camps: 42

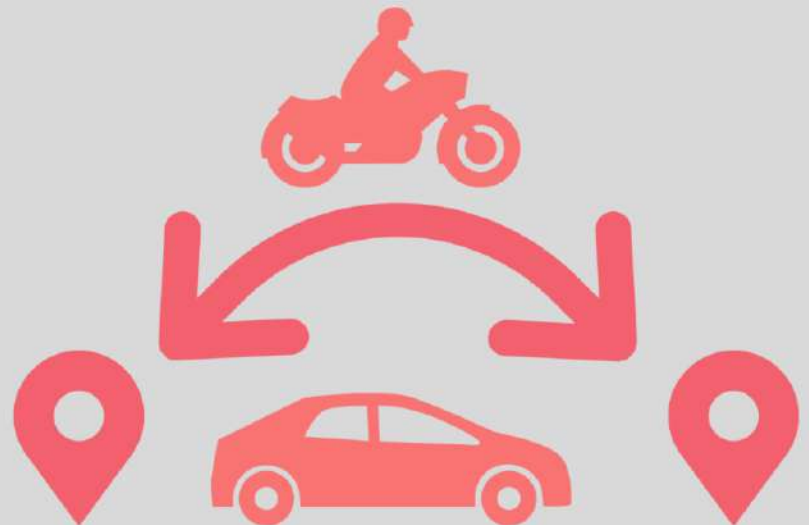
TOTAL DONATIONS:

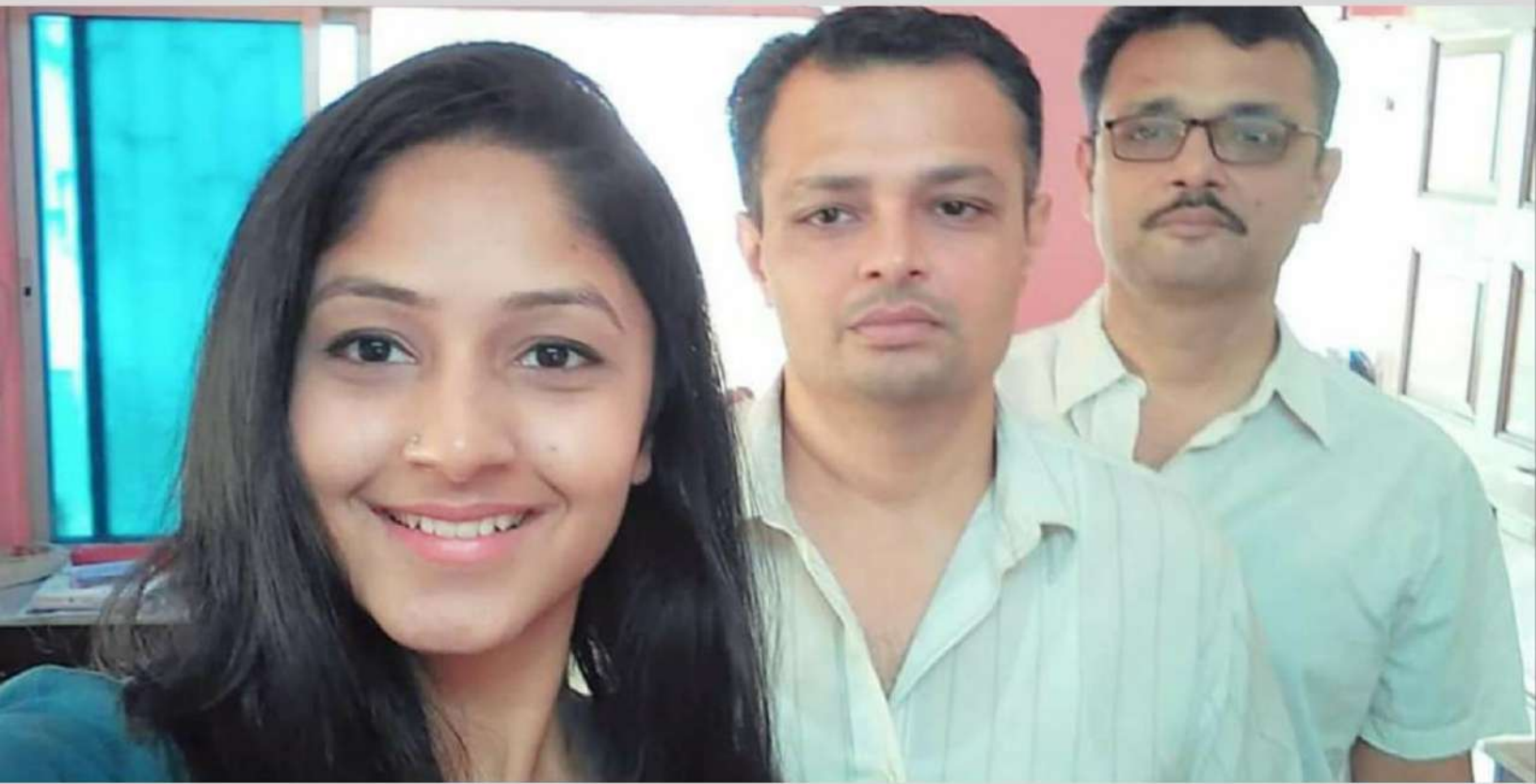
- Whole Blood Donation: 300+
- Single Donor Platelets (SDP): 60

Requirements arranged from Blood Banks: 200+

Heartfelt Gratitude to those who took extra step for the society

It is true that one need not wait for opportunity to do something for the welfare of the society. PLF witnessed some generous people who availed the facility of pick-up and drop to facilitate blood donation of many donors. PLF extends its heartfelt gratitude to such Human Beings.





LAKHANI FAMILY'S (DONORS) MESSAGE FOR THE SOCIETY:

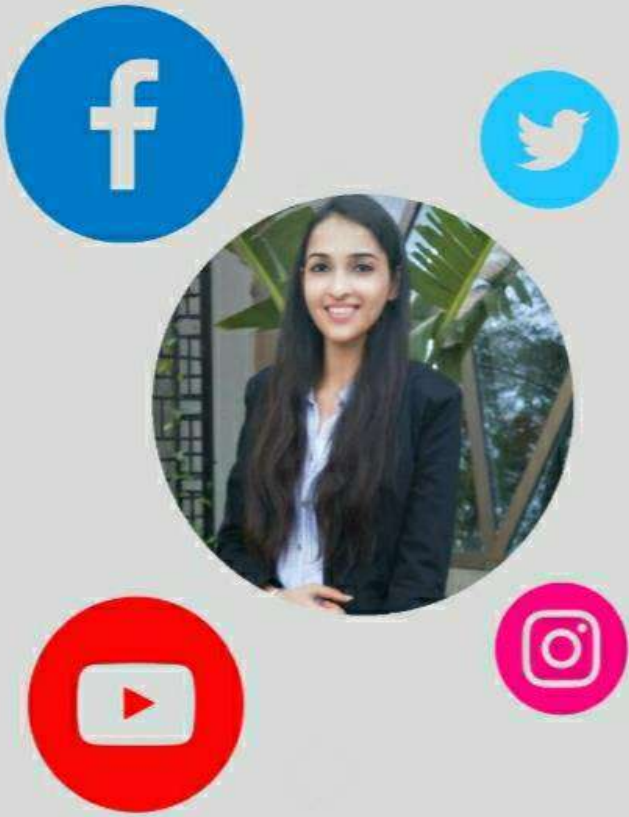
Longer the lockdown, lesser the availability of blood. Lockdown doesn't really allow people to travel anywhere, let alone blood donation camps where people accumulate. There's an obvious risk.

The heat and the humid weather during summer, being so uncomfortable, doesn't really convince more people to volunteer for this noble cause. Plus, the lockdown gives all the more reason not to step out of house.

Donating blood is a very kind cause. We're regular donors and we derive happiness by donating blood to those who need. If one donor can help one patient, then there's nothing noble beyond that. We do it because we can.

The fact that there are thousands of people in need of blood and this lockdown is a huge hurdle to that, our 10 minutes of lying on a bed with a needle in our arm can save a person's life, then why not.

If it is at all possible for you to go & donate blood, please do. The camps and organisations follow strict standards of precautionary measures, and what's more humble than saving lives.



Amidst lockdown, Project Life Force (PLF) came up with the initiative of **#RedBuddyChallenge** in which PLFers recorded and posted their videos taking pledge to donate blood every 3 months and asking others also to come forward. The idea behind the initiative was that each person will get one person (Red Buddy) from their social media accounts (Facebook, Instagram, Whatsapp, etc) who will go and donate blood when required. And, that added person to the chain will take forward this (friendly) challenge to get another Red Buddy.

For the donors to get themselves registered, an online form was prepared and shared where they registered themselves. The volunteer behind developing and implementing this idea happens to be **PLFer Pallavi Jain**. She shouldered the responsibility of bringing this unique idea to reality successfully.

Project Life Force, along with 6 others, got felicitated on 23rd May 2020 by **Anant Asha Foundation** for serving the society as "Covid Warriors".

PLF dedicates this honour to its entire family for working relentlessly to make blood available to those needing it in time.



7th Birth Anniversary

On 5th May 2020, Project Life Force completed 7 years on its path of being and bringing the change for and by the society. We wish well being and express love, care, and support to all.



Bengal mein na ho kabhi khoon ki kami,
 Isi soch ke saath yeh family thi bani.
 Khoon de kar bhi logon ki bachayi ja sakti hai jaan,
 Baat yeh kitno ki zehen mein daali....ki rakht daan hi hai maha daan.
 Bhed bhav nahi karte yeh kisi bhi insan mein,
 Samay par ho jaye madad....bass yehi rehta inke dhyan mein.
 Pyaar mila hai khub...khub mili hai sikh bhi,
 Isse juda toh jana....hote hain insaan nek bhi.
 Bahut jald Bengal mein khoon ki kami ko mitaenge,
 Hum hain Project Life Force....yeh zarur karke dikhaynge.



-Sahil Rampuria

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